



Breakfast menu 2018-2019 Gladstone High School



Monday	Tuesday	Wednesday	Thursday	Friday
WG French Toast, hash brown and sausage or WG Large muffin or Gladiator Sandwich or WG Bagel with Cream cheese or Cereal or Yogurt with granola	WG Waffle, hash browns and sausage or WG Large muffin or Gladiator Sandwich or WG Bagel with Cream cheese or Cereal or Yogurt with granola	WG French Toast, hash browns with sausage or WG Large muffin or Gladiator Sandwich or WG Bagel with Cream cheese or Cereal or Yogurt with granola	Scrambled eggs with hash browns and sausage or WG Large muffin or Gladiator Sandwich or Bagel with Cream cheese or Cereal or Yogurt with granola	WG Cinnamon Bites or WG Large muffin or Gladiator Sandwich or Bagel with Cream cheese or Cereal or Yogurt with granola
Gladiator sandwich is made with WG English muffin, egg patty, sausage and cheese		Large muffin may be chocolate chip, strawberry, blueberry, fresh apple, or double chocolate		

WG=Whole Grain

Meal is subject to change

Every day offerings include fresh fruit or canned fruit and choice of 1% or Fat Free Milk

Gladstone School District is an equal opportunity provider.