

## Breakfast Menu for School year 2017-2018 Walter L. Kraxberger Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 WG Apple or Cherry	Fruit Smoothie	Breakfast	Biscuit and gravy	Cinnamon Bites
Frugel	House made with low fat yogurt and sugar free fruit	Sandwich  May be made with a WG English Muffin or WG Bagel or WG Biscuit with any of these items, egg patty, sausage	Made with a WG Biscuit and country sausage gravy	
Week 2 WG Pancakes or WG Waffles or WG French Toast Sticks served with Syrup or Sugar Free Fruit Compote	Breakfast burrito WG Tortilla with turkey sausage, egg and cheese	Breakfast sandwich May be made with a WG English Muffin or WG Bagel or WG Biscuit with any of these items, egg patty, sausage patty or cheese	House Made WG Chocolate Chip Muffins	Yogurt Parfait  House made with low fat yogurt and sugar free fruit, topped with granola

WG=Whole Grain Meals are subject to change

Every day offerings: Variety of cereals or bagel/cream cheese or yogurt with granola All served with fresh fruit or canned fruit and 1% or Fat Free milk

Gladstone School District is an equal opportunity provider.