

NR 011014

Register now for free Parent Power class in Gladstone

Unfortunately, kids don't come with instruction manuals. Parents hoping to improve family communication, student motivation, and effective discipline strategies will learn that and more at a free 4-week parent course offered in February.

Sponsored by Gladstone Schools and Northwest Family Services, the Parent Power Class will be offered from 6 to 8 p.m. on Tuesday nights, February 4, 11, 18, and 25. Free childcare will be provided. The class location is John Wetten Elementary, 250 East Exeter Street in Gladstone. Parents from any school are welcome. To register, visit www.lastingrelationships.org or call 503-546-6377.

Podcasts with a few lessons from the class are available here:
<http://gladstone.k12.or.us/podcasts-parent-tips/>

.....
Gladstone school resource officer to take Polar Plunge for Special Olympics

Gladstone's School Resource Officer Eric Graves is a big fan of the Special Olympics. In fact, he's willing to dive into the frigid waters of the Columbia River next month to raise funds for the cause.

Graves, along with other officers from the Gladstone Police Department Penguins team will take part in the Polar Plunge on February 8. In return, they are seeking donations to support Special Olympics, and athletic program for youths with special needs.

Donors can write checks to *The Special Olympics* and send them to:

SRO Eric Graves
Gladstone High School
18800 Portland Ave.
Gladstone, OR 97027

.....
Palm Springs trip, helicopter tour draw auction attendees

Tickets are on sale now for the Gladstone Education Foundation dinner & auction, which this year has a "Country Chic" theme. The event is the year's biggest fundraiser for school and social service programs supporting Gladstone students.

Auction items include a week at Eagle Crest, beach stays in Long Beach and Ocean Parks, a helicopter ride to wine tasting, landscaping, a guided fishing trip, ski and golf excursions, gift baskets, and tickets to local sports events or other attractions.

Call Tammy Tracy to make a donation or to order tickets (\$40 per person or a table of 8 for \$320): 503-655-2777.

Gladstone Story Hour offers free books to kids 5 & under

Come to Story Hour at the Gladstone Center for Children and Families (GCCF) from 4:15 to 5 p.m. on Thursday, January 16. The event helps children build early reading skills through shared reading play, and fun language activities.

This event will feature stories by children’s author Jan Brett. Children five and under will receive a free book. The Center is located at 18905 Portland Avenue in Gladstone. All are welcome.

“Attending Story Hour is a fun opportunity to explore the Center and ask about our free, full-day kindergarten, Head Start preschool, and the other six programs at our state-of-the-art early childhood center,” said GCCF Director Don Brown.

Open Admission applications for the full-day kindergarten program will be accepted from families living outside the Gladstone District boundary from mid-January through April 1. To apply, call Sandi Frohnert at 503-496-3935.

Gladstone flutist qualifies for All-State Symphonic Band

Aria Colewater, a junior at Gladstone High School, qualified to join the All-State Symphonic Band, which will perform in Eugene on January 17.

“Aria is an excellent musician, and we are proud to have her represent the Gladstone High School band,” said band director David Kays.