

Gladstone Center for Children and Families February 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
				1 Fish Sticks with Fries D	2
4 Tomato Soup with Toast Cheese Sandwich A	5 Gladstone Style Enchilada B	6 Chicken Nuggets, dinner roll C	7 WG Cheese Stick with Marinara Sauce D	8 Cook's Choice A	1
11 Hamburger B	12 House Made Chicken Taco Salad C	13 Fish Sticks with Fries D	14 Cheese Pizza or Pepperoni Pizza A	15 Cook's Choice B	2
18 No School	19 House Made Chicken Nacho C	20 Chicken Nuggets with Mash potatoes D	21 Baked Spaghetti with Garlic Bread Stick A	22 Chicken Sandwich with Chips B	1
25 BBQ Pork Sandwich C	26 House Made Beef Taco D	27 Waffles, sausage, hash brown A	28 Cheese Pizza or Pepperoni Pizza B	March 1 Cook's Choice C	2

WG= Whole Grain

Corn Dogs and Hot Dogs are chicken or turkey

Menu is subject to change

Every day offer: Full salad bar with fresh and /or canned fruits and vegetables

Choice of 1% or Fat Free Milk

Every day cold sandwich choice: Ham/Cheese Sandwich or Turkey/Cheese Sandwich or Peanut Butter and Jelly Sandwich or Tuna Sandwich or Egg Salad Sandwich or Bagel/Cream Cheese with Cheese Stick (at least 2 different sandwiches offered every day, choice can change daily)

Local Products

Spring Valley Dairy

Safeway Bakery

Truitt Farm

Fred Meyer Bakery

Taylor's Farm

Suri Son's Farm

Franz Family Bakery

Road Runner Pizza

Bob's Red Mill

Gingerich Farms

Meal Prices:

Breakfast

Lunch

K-5

\$1.50

\$2.45

6-8

\$1.60

\$2.75

9-12

\$1.90

\$3.35

Adults

\$1.90

\$3.85

Key to Schedule at GCCF when listed on the day

A=PE B=Art C=Tech D=Music

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

This Institute is an equal opportunity provider.