

# Gladstone Center for Children and Families

## May 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
		1 Chicken Nuggets with dinner roll B	2 WG Cheese Stick with Marinara Sauce C	3 Corn Dog with Seasoned potatoes D	2
6 Hot dog with French Fries A	7 Bean and Cheese Burrito B	8 No School C	9 Cheese Pizza or Pepperoni Pizza D	10 Chicken Sandwich with Chip A	1
13 Bake chicken with dinner roll B	14 House Made Chicken Taco C	15 Spring BBQ, Hamburgers or Hotdogs, D	16 Cheese Pizza or Pepperoni Pizza A	17 Cook's Choice B	2
20 BBQ Pork Sandwich C	21 House Made Chicken Nacho D	22 Assorted Cold Sandwiches with chips A	23 Cheese Pizza or Pepperoni Pizza B	24 Cheese Burger with Seasoned Potatoes C	1
27 <b>No School</b>	28 House Made Beef Taco D	29 Chicken Nuggets and dinner roll A	30 Cheese Lasagna Roll up B	31 Cook's Choice C	2

WG= Whole Grain

Corn Dogs and Hot Dogs are chicken or turkey

Menu is subject to change

Every day offer: Full salad bar with fresh and /or canned fruits and vegetables

Choice of 1% or Fat Free Milk

Every day cold sandwich choice: Ham/Cheese Sandwich or Turkey/Cheese Sandwich or Peanut Butter and Jelly Sandwich or Tuna Sandwich or Egg Salad Sandwich or Bagel/Cream Cheese with Cheese Stick (at least 2 different sandwiches offered every day, choice can change daily)

### Local Products

Spring Valley Dairy	Safeway Bakery
Truitt Farm	Fred Meyer Bakery
Taylor's Farm	Suri Son's Farm
Franz Family Bakery	Road Runner Pizza
Bob's Red Mill	Gingerich Farms

### Meal Prices: Breakfast Lunch

K-5	\$1.50	\$2.45
6-8	\$1.60	\$2.75
9-12	\$1.90	\$3.35
Adults	\$1.90	\$3.85

### Key to Schedule at GCCF when listed on the day

**A=PE B=Art C=Tech D=Music**

Put money on your child's account using an online system: [Mymealtime.com](http://Mymealtime.com) You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

This institution is an equal opportunity provider.