

October 2018 Menu
Gladstone Center for Children and Families



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
1 Cheese burger C	2 Gladstone Style Enchilada D	3 House Made Macaroni and Cheese with Texas Toast A	4 Cheese Pizza or Pepperoni Pizza B	5 Mini Corn Dog with Seasoned Potatoes C	1
8 Vegetable Soup with cheese stick and bread stick D	9 House Made Chicken Taco Salad A	10 Chicken Nuggets, dinner roll B	11 Cheese Roll up Lasagna with garlic toast C	12 No School	2
15 No School	16 Bean Burrito D	17 Assorted Cold Sandwiches with chips A	18 Cheese Pizza or Pepperoni Pizza B	19 Cheese Burger with Seasoned Potatoes C	1
22 Tomato Soup with Toast Cheese Sandwich D	23 House Made Beef Taco A	24 Fish Sticks and French Fries B	25 WG Breaded Cheese Stick with Marinara Sauce C	26 No School	2
29 Hamburger on a Bun D	30 House Made Beef Nacho A	31 Pancakes, sausage, hash brown B	Nov. 1 Cheese Pizza or Pepperoni Pizza C	2 House Made Sloppy Joes D	1

WG= Whole Grain

Menu is subject to change

Every day offer: Full salad bar with fresh and /or canned fruits and vegetables

Choice of 1% or Fat Free Milk

Every day cold sandwich choice: Ham/Cheese Sandwich or Turkey/Cheese Sandwich or Peanut Butter and Jelly Sandwich or Tuna Sandwich or Egg Salad Sandwich or Bagel/Cream Cheese with Cheese Stick (at least 2 different sandwiches offered every day, choice can change daily)

Local Products

Spring Valley Dairy
Truitt Farm
Taylors Farm
Franz Family Bakery
Bob's Red Mill

Safeway Bakery
Fred Meyer Bakery
Suri Son's Farm
Road Runner Pizza
Gingerich Farms

Meal Prices: Breakfast Lunch

K-5	\$1.50	\$2.45
6-8	\$1.60	\$2.75
9-12	\$1.90	\$3.35
Adults	\$1.90	\$3.85

Key to Schedule at GCCF when listed on the day

A=PE B=Art C=Tech D=Music

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

Gladstone School District is an equal opportunity provider.