

September 2018 Menu  
Gladstone Center for Children and Families



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
3 No School Labor Day	4 Bean and Cheese Burrito A	5 Assorted Cold Sandwiches with chips B	6 Cheese Pizza or Pepperoni Pizza C	7 No School D	1
10 Tomato Soup with Toast Cheese Sandwich A	11 House Made Beef Taco B	12 Chicken Nuggets, dinner roll C	13 WG Breaded Cheese Stick with Marinara Sauce D	14 House Made Sloppy Joes A	2
17 Hamburger on a Bun B	18 House Made Beef Nacho C	19 House made Chicken and Noodle with a dinner roll D	20 Cheese Pizza or Pepperoni Pizza A	21 Corn Dog with Seasoned Potatoes B	1
24 House Made Pulled Pork sandwiches, potato wedges C	25 House Made Chicken Taco D	26 Chicken Nuggets, dinner roll A	27 Spaghetti Bake with Texas Garlic Toast B	28 No School	2
Oct. 1 Cheese burger C	2 Gladstone Style Enchilada D	3 House Made Macaroni and Cheese with Texas Toast A	4 Cheese Pizza or Pepperoni Pizza B	5 Mini Corn Dog with Seasoned Potatoes C	1

WG= Whole Grain

Menu is subject to change

Every day offer: Full salad bar with fresh and /or canned fruits and vegetables

Choice of 1% or Fat Free Milk

Every day cold sandwich choice: Ham/Cheese Sandwich or Turkey/Cheese Sandwich or Peanut Butter and Jelly Sandwich or Tuna Sandwich or Egg Salad Sandwich or Bagel/Cream Cheese with Cheese Stick (at least 2 different sandwiches offered every day, choice can change daily)

Local Products

Spring Valley Dairy	Safeway Bakery
Truitt Farm	Fred Meyer Bakery
Taylor's Farm	Suri Son's Farm
Franz Family Bakery	Road Runner Pizza
Bob's Red Mill	Gingerich Farms

Meal Prices:	Breakfast	Lunch
K-5	\$1.50	\$2.45
6-8	\$1.60	\$2.75
9-12	\$1.90	\$3.35
Adults	\$1.90	\$3.35

**Key to Schedule at GCCF when listed on the day**

**A=PE B=Art C=Tech D=Music**

Put money on your child's account using an online system: [Mymealtime.com](http://Mymealtime.com) You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

Gladstone School District is an equal opportunity provider.