

April 2018 Menu
Gladstone High School



Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Chicken Strips with Mash Potatoes and Country Gravy	3 Gladstone Style Enchilada with Spanish Rice	4 Orange Chicken and Seasoned Rice	5 House Made Sloppy Joes with Seasoned Potatoes	6 Fish sticks and Potato Wedges
9 House Made Pulled Pork sandwiches, potato wedges	10 House Made Beef Nacho with Chips and Refried Beans,	11 Pancake or Waffle, sausage patty, hash brown	12 Spaghetti Bake with Texas Garlic Toast	13 Hot Chicken Sandwich with Seasoned Potatoes
16 Tomato Soup with Toasted Cheese Sandwich	17 Fish sticks and Potato Wedges	18 WG Chicken Strips with Mash Potatoes and Country Gravy	19 WG Breaded Cheese Stick with Marinara Sauce	20 No School
23 BBQ Pork Riblet Sandwich with JoJo's	24 Beef Taco with Refried beans	25 Chicken Alfredo with pasta and Texas Garlic Toast	26 Orange Chicken and Seasoned Rice	27 Corn Dog with Seasoned Potatoes
30 No School	May 1 Gladstone Style Enchilada with Spanish Rice	2 WG Chicken Nuggets with Mash Potatoes and Country Gravy	3 Lasagna Cheese Roll up with Texas Garlic toast	4 Hot Chicken Sandwich with Seasoned Potatoes

WG= Whole Grain

Menu is subject to change

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alternative, Fruit, Vegetable and Milk

Everyday offerings at all lines:

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)

Choice of 1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Ham and Cheese Stromboli or Pepperoni Stromboli

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Local Products

Alpenrose Dairy

Safeway Bakery

Meal Prices:

Breakfast

Lunch

Truitt Farm

Fred Meyer Bakery

K-5

\$1.40

\$2.35

Taylor's Farm

Suri Son's Farm

6-8

\$1.50

\$2.65

Franz Family Bakery

Road Runner Pizza

9-12

\$1.80

\$3.25

Bob's Red Mill

Adults

\$1.80

\$3.25

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

Gladstone School District is an equal opportunity provider.