

Gladstone High School February 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 House Made Sloppy Joes with Seasoned Potatoes
4 Chicken Noodle Soup with Toast Cheese Sandwich	5 Gladstone Style Enchilada with Spanish Rice	6 Chicken Strips with Mash potatoes and Country Gravy, dinner roll	17 WG Pepperoni/Cheese Stick with Marinara Sauce	8 Corn dog with JoJos
11 Chili Fries	12 House Made Beef Taco Salad	13 Fish Sticks and Fries	14 Chicken Alfredo with Garlic Bread Sticks	15 Chicken Sandwich with Potato Wedges
18 No School	19 House Made Chicken Nacho	20 Teriyaki Chicken with seasoned rice	21 Baked Spaghetti with Garlic Bread Sticks	22 Mini Corn Dog with Potato Wedges
25 BBQ Pork Sandwich with JoJos	26 House Made Beef Taco with refried beans	27 Waffles, sausage, hash brown	28 Chicken Nuggets, Mash potatoes, country gravy, dinner roll	March 1 Hot Dog with Chili

WG= Whole Grain

Menu is subject to change

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alternative, Fruit, Vegetable and Milk

Everyday offerings at all lines:

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)

Choice of 1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Ham and Cheese Stromboli or Pepperoni Stromboli

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Local Products

Spring Valley Dairy

Safeway Bakery

Truitt Farm

Fred Meyer Bakery

Taylor's Farm

Suri Son's Farm

Franz Family Bakery

Road Runner Pizza

Bob's Red Mill

Gingerich Farms

Meal Prices:

Breakfast

Lunch

K-5

\$1.50

\$2.45

6-8

\$1.60

\$2.75

9-12

\$1.90

\$3.35

Adults

\$1.90

\$3.85

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

This institution is an equal opportunity provider.