

January 2018 Menu
Gladstone High School



Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year No School	2 Beef Taco Salad with Chips	3 Chicken Nuggets with mash potatoes and country gravy	4 Beefy Spaghetti Bake with Garlic Texas Toast	5 Chicken Cordon Blu Sandwich with seasoned potatoes
8 House Made Beef Chili with Corn Chips	9 Beef Nacho with Chips and Refried Beans,	10 Waffle or French Toast, Sausage patty, hash brown	11 Chicken Alfredo with pasta and Texas Garlic Toast	12 Turkey Hot Dog with House made Chili
15 No School	16 Fish sticks and Fries	17 House Made Macaroni and Cheese	18 Breaded Cheese Stick with Marinara Sauce	19 Hot chicken Sandwich with Seasoned Potatoes
22 Tomato Soup with toasted cheese sandwich	23 Chicken Taco with Cilantro Lime Rice	24 Chicken Nuggets with mash potatoes and country gravy	25 WG Breaded Cheese Stick with Marinara Sauce	26 Sloppy Joes with Seasoned Potatoes
29 No School	30 Turkey Gravy with mash potatoes and a dinner roll	31 Orange Chicken and seasoned rice	Feb. 1 Lasagna Cheese Roll up with Garlic Texas Toast	2 WG Turkey Corndog with Seasoned Potatoes

WG= Whole Grain

Menu is subject to change

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alternative, Fruit, Vegetable and Milk

Everyday offerings at all lines:

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)
1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Ham and Cheese Stromboli or Pepperoni Stromboli

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Local Products		Meal Prices:	Breakfast	Lunch
Alpenrose Dairy	Safeway Bakery	K-5	\$1.40	\$2.35
Truitt Farm	Fred Meyer Bakery	6-8	\$1.50	\$2.65
Taylor's Farm	Suri Son's Farm	9-12	\$1.80	\$3.25
Franz Family Bakery	Road Runner Pizza	Adults	\$1.80	\$3.25
Bob's Red Mill				

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

Gladstone School District is an equal opportunity provider.