



March 2017 Menu
Gladstone High School

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Waffles, Sausage patty and Hash Browns	2 Alfredo Chicken with WG pasta and Cheesy bread stick and Green Beans	3 Mini corndog with Corn and fries
6 Chicken nuggets , mash potatoes, country gravy and a WG dinner roll	7 Tomato Soup with toasted cheese sandwich	8 Beef Nacho with refried beans and corn chips	9 Meaty Spaghetti with Texas garlic toast with Green Beans	10 Turkey Corndog with Fries
13 BBQ Pork Riblet Sandwich with Seasoned Fries	14 WG Pancake, Sausage patty with Hash browns	15 Gladstone Style Enchilada with Spanish Rice and corn	16 Mandarin Orange Chicken with Brown Rice	17 Hot Dogs with Fries
20 Cheese Stick with Marinara Sauce and Green Beans	21 Homemade Sloppy Joes with fries and Green Beans	22 Beef Taco Salad with WG chips and corn	23 Grab n' Go lunch	24 No School
27 Spring	28 Break	29 No	30 School	31 Week

WG=Whole Grain

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alternative, Fruit, Vegetable and Milk

Everyday offerings at all lines

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)

1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables. We now have Chip Monday and Switch Friday

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Meat Lovers

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Menu is subject to change

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