May 2018 Menu Gladstone High School



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Fish Sticks and	2 WG Chicken Strips	3 Lasagna Cheese	4 Hot Chicken
	JoJo's	with Mash Potatoes and	Roll up with Texas	Sandwich with
		Country Gravy	Garlic toast	Seasoned
				Potatoes
7 Pork Riblet	8 House Made Beef	9 Orange Chicken and	10 Chicken Alfredo	11 Mini Corn Dog
sandwiches, potato	Nacho with Chips	Seasoned Rice	with pasta and	with Seasoned
wedges	and Refried Beans,		Texas Garlic Toast	Potatoes
14 Tomato Soup	15 Fish Sticks and	16 Pancake or Waffle,	17 Spaghetti Bake	18 Corn Dog with
with Toasted	JoJo's	sausage patty, hash	with Texas Garlic	Seasoned
Cheese Sandwich		brown	Toast	Potatoes
21 House Made	22 Beef Taco with	23 Lasagna Cheese Roll	24 House Made	25 Hot Chicken
Chicken Chili with	Refried beans	up with Texas Garlic	Mac and Cheese	Sandwich with
Fritos		toast	and dinner roll	Seasoned
				Potatoes
28 No School	29 Gladstone Style	30 House Made Teriyaki	31 House Made	June 1
	Enchilada with	Chicken with Seasoned	Sloppy Joes with	Senior BBQ
	Spanish Rice	Rice	Seasoned Potatoes	

WG= Whole Grain Menu is subject to change

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alterative, Fruit, Vegetable and Milk

Everyday offerings at all lines:

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)
Choice of 1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Ham and Cheese Stromboli or Pepperoni Stromboli

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Local Products		Meal Prices:	Breakfast	Lunch
Alpenrose Dairy	Safeway Bakery	K-5	\$1.40	\$2.35
Truitt Farm	Fred Meyer Bakery	6-8	\$1.50	\$2.65
Taylors Farm	Suri Son's Farm	9-12	\$1.80	\$3.25
Franz Family Bakery	Road Runner Pizza	Adults	\$1.80	\$3.25
Bob's Red Mill				

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

Gladstone School District is an equal opportunity provider.