

Gladstone High School

May 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Strips with Mash potatoes and Country Gravy, dinner roll	2 Baked Spaghetti with Garlic Bread Sticks	3 Corn Dog with JoJos
6 Orange Chicken with Seasoned Rice	7 Gladstone Style Enchilada with Spanish Rice	8 No School	9 WG Pepperoni/Cheese Stick with Marinara Sauce	10 Chicken Sandwich with Potato Wedges
13 Chili with Fritos	14 House Made Beef Taco	15 Waffles, sausage, hash brown	16 Chicken Parmesan with Pasta	17 Corn Dog with Chips
20 BBQ Pork Sandwich with JoJos	21 House Made Chicken Nacho	22 Chicken Strips with Mash potatoes and Country Gravy, dinner roll	23 Cheese Roll up Lasagna with Garlic Bread Sticks	24 Mini Corn Dog with Potato Wedges
27 No School	28 House Made Chicken Taco	29 Chicken Nuggets with Mash Potatoes and Country gravy, dinner roll	30 Corn Dog with Chips	31 Senior BBQ Hamburgers or Hot dogs with the works and dessert

WG= Whole Grain

Menu is subject to change

Must choose 3 or more of the 5 components: Grain, Meat/Meat Alternative, Fruit, Vegetable and Milk

Everyday offerings at all lines:

Fresh vegetables and fruit salad bar (minimum serving ½ cup of fruit or vegetable or combination of)

Choice of 1% milk or Fat Free milk

Deli Sandwich Line: Sandwiches made to order, variety of breads, cheese, meats and vegetables

Pizza Line: choice of Cheese or Pepperoni or Hawaiian or Veggie or Combination or Ham and Cheese Stromboli or Pepperoni Stromboli

Grill Line: Hamburger or Cheeseburger or Crispy Chicken or Veggie burger all served with tater tots

Local Products

Spring Valley Dairy	Safeway Bakery
Truitt Farm	Fred Meyer Bakery
Taylor's Farm	Suri Son's Farm
Franz Family Bakery	Road Runner Pizza
Bob's Red Mill	Gingerich Farms

Meal Prices:	Breakfast	Lunch
K-5	\$1.50	\$2.45
6-8	\$1.60	\$2.75
9-12	\$1.90	\$3.35
Adults	\$1.90	\$3.85

Put money on your child's account using an online system: Mymealtime.com You can also monitor the account, watch when they are eating meals at school, and link all your children to one account. If you need help setting up, contact any head cook and they can walk you through it.

This institution is an equal opportunity provider.